



It's March Madness here in Blueridge. There is rain, but then the occasional day of brilliant sunshine where you will find all of your neighbours out and about - gardening, dog walking, trail running and enjoying nature. Our lawns are looking patchy due to the Chafer Beetle infestation. All are welcome to attend the Tuesday March 8th Community Association meeting. The latest edition of our print newsletter should be hitting your doorstep this weekend thanks to the efforts of over 25 volunteers delivering to the 1500 homes in our neighbourhood. The deadline to apply for the Blueridge Community Scholarship is March 31st. Why not plan a big block party this summer - grant money (up to \$500) is available from the Neighbourhood Small Grants program. Finally, don't forget to Save the Date for Blueridge Good Neighbour Day (#BGND2016) coming this June 5th, on the grounds of Blueridge Elementary School.



What is your vision of the future of
public lands in Blueridge?

A conversation with North Vancouver
School District Trustee Barry Forward

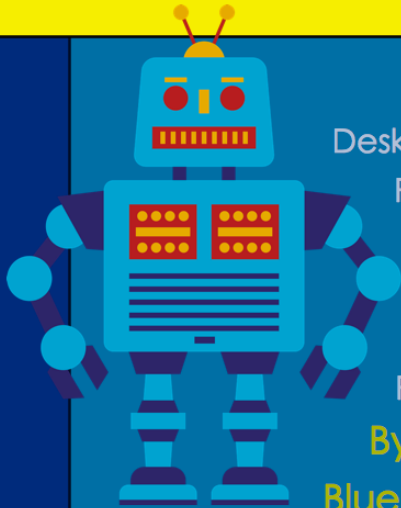
Monday April 4th 7:00 pm
Blueridge Elementary School Gym
Contact info@blueridgeca.org for more info

On Monday, April 4 the Blueridge Community Association is hosting a special forum to consider the future of the two elementary schools in our community and the public land associated with them. More info and free tickets to this event [here](#).

ELECTRONICS

Recycling

SATURDAY MAY 14, 11:00 AM
@ BLUERIDGE SHARING GARDEN
CARNATION AND LYTTON



Desktops/Notebooks/Printers/
Peripherals/Phone systems/
Software/Servers/Computer
parts/Monitors/TVs/Routers.
With the support of the Electronics
Recycling Association, www.era.ca.

**By donation. All proceeds to the
Blueridge Sharing Garden.**

Electronics Recycling takes place Saturday May 14th at 11:00 am to 1:00 pm in the Blueridge Sharing Garden. By donation. Get there early as once the truck is full it will be leaving.

Next Work Day

Saturday, March 12, 2016
10 am — 2 pm

We can plant peas, put up our sign and hopefully will have some soil to fill the beds. Wheelbarrows required!

All ages and abilities are welcome.
Bring gloves, hoes, rakes and shovels if you have them.

The Blueridge Sharing Garden is a project of the Blueridge Community Association. We are located between Carnation and Lytton Streets, directly across from Seymour Heights Elementary.

Come and volunteer at the next Sharing Garden work party. Get inspiration for your own garden, meet new friends, and enjoy working with others. For more info contact garden@blueridgeca.org or visit the Garden's Facebook page.



North Shore

Child and Youth Mental Health and Substance Use (CYMHSU) Collaborative in BC

ARE YOU a parent who would like to share your ideas and insights, gained through your lived-experience of connecting with mental health and substance use support systems and services, and of navigating the systems of Schools, Hospitals, and/or Community Child & Youth Mental Health Services? The FORCE is looking for Parents living in the North Shore area whose lives have been touched by mental health and substance use challenges to be a part of Local Action Teams.

- Listen well
- Contribute your voice
- Be patient with the process
- Build relationships within your team
- Be open and honest about what's working and what's not

The CYMHSU Collaborative is made up of children, youth and their families, Aboriginal people, ministries, health authorities, schools, physicians, clinicians and communities. The purpose of the Collaborative is to share our knowledge and experience with the aim of increasing the number of children, youth and their families receiving timely access to integrated mental health and substance use services and to support and document examples and results of the involvement of children, youth and families in decisions related to program design, clinical practice and policy development.

As a family member participating on a Local Action Team, your role is vital and valued, as you represent the voice of those being impacted. You will have the opportunity to share your own experiences, knowledge and insights and to give suggestions as a co-member of your Action Team. Your contribution will help to inform the CYMHSU Collaborative process and speak to the changes need to improve access and care for children, youth and families.

If you are interested in sharing your experience and knowledge with others as part of a team and through collaboration, we invite you to apply for this opportunity. The FORCE will interview, orientate and support all youth and parents.

The F.O.R.C.E. SOCIETY FOR KIDS' MENTAL HEALTH

www.forcesociety.com

Please email Christie Durnin, FORCE Director for more information christie@forcesociety.com
The CYMHSU Collaborative is funded by the Shared Care Committee, a partnership of Doctors of BC and the Ministry of Health



Are YOU a young person (18 to 25 yrs) living with a mental health or substance use challenge?

The FORCE Society for Kids' Mental Health is looking for Youth living in the North Shore area to be a part of the Child and Youth Mental Health and Substance Use Collaborative Local Action Teams.



"The Collaborative makes me feel visible and not judged. They are ALL listening and they care"

SHARE your insights, gained through your own experience with navigating the systems of Schools, Hospitals, and/or Community Child & Youth Mental Health Services

INFORM service providers about how they can better serve youth and families

MAKE a lasting difference that will benefit youth and families across the province

Want to learn more?
Please email:

christie@forcesociety.com

www.forcesociety.com/cymhsu-collaborative

The CYMHSU Collaborative is funded by the Shared Care Committee, a partnership of Doctors of BC and the Ministry of Health

The **FORCE** Society for Kids Mental Health is seeking Parent Volunteers on the North Shore.

They are also looking for youth (18-25) living with a mental health or

substance abuse challenge to
participate.

Local Trail Walks with Anni

Anni has been leading trail walks in Blueridge for a few years now. Everyone is welcome.

Saturday April 16th at 2:00 pm

Meet at the corner of Sechelt and Whitman. The walk will take 1-2 hours and you will explore the connector trails in the area.

Sunday May 1 at 1:30 pm

Meet at the corner of Berkley Ave and Hyannis Drive for a walk to the Seymour River rock slide. We will be walking on forest trails. Not suitable for strollers. In the event of heavy rain, this walk will be cancelled.

Contact info@blueridgeca.org for more info.

